

# Game Changers: Disability Rights Campaigners Cosmos – Supernova



- What obstacles did Baroness Jane Campbell face as a young person? What helped her overcome them?
- 'Nothing about us, without us.' What does this mean and why is it important to disability rights campaigners, and other campaigners?
- Jane found herself avoiding making friends with other disabled people because of what she has called her 'internalised oppression.' What does this mean and what helped Jane change her mind?
- How do you think access to equal rights for disabled people will change in the future? What changes would you make?

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